



Hello everyone,

Welcome to our second edition of the GSDR newsletter for 2015. They say time speeds up as you get older so if that's the case, I must be blooming ancient.

Well I'm pleased to report that since our last edition, things have speeded up on the rescue front and we have had a brilliant month for rehoming dogs - including a few dogs that have been with us for a very long time. In the last 30 days we have received 244 adoption applications which is up on previous months but we have received only 88 rehoming forms which is thankfully lower than previous months - but still too many. Of course this does not include dogs that we have taken from the pounds and those that we have helped from other countries. We are still committed to helping a few dogs from Europe for whom we can make a difference. Perhaps the lack of a severe winter has helped us as this always affects adoptions and rehoming. It will however be good to see the days draw out so that we can welcome in the spring which is always a big boost for rescue.

Even though it's been a still a bit parky, those fundraisers are still out there and I do have to give a special mention to our Team Fat Blokes again for braving the low temperatures every weekend to raise much needed funds for the rescue. Those knees and that tash must be frozen.

There is much to look forward to this year, we aim to be bigger and better than ever before so that we can help even more needy dogs. We have started a new marketing campaign and we hope that you have enjoyed our new infographics which should make you smile but get across a very important message with regards to choosing to rescue a dog rather than go to a breeder. We have more to come so watch this space.

Most people know that I lead a very simple life these days and very much believe in supporting local businesses rather than buying landfill from the far east. My mission is to source some quality British made goods that we can offer as GSDR merchandise. So if you can produce nice stuff or know of someone that produces nice stuff that we can sell to raise money for the rescue, please give me a shout.

Please note that I will not be spending much time on Facebook anymore as I am too busy with dogs and rescue projects. I am also sick to death of all the malicious nonsense on FB that is being directed at rescues and rescuers as well as the increasing numbers of pictures of horrendous cruelty towards all species. I have devoted over 20 years of my life to rescuing dogs and like the rest of the dedicated volunteers, the only reward is knowing that needy dogs have been helped.

Once again I thank all GSDR volunteers and supporters

A simple lifestyle gives you freedom. An expensive lifestyle enslaves you. Create a simple lifestyle, regardless of how much money you earn. Simple living will remove unnecessary demands on your life and free your mind to make the right choices. Simplicity will reduce your stress and make you happier – Med Jones

Best Wishes, *Jayne*



Despite still carrying a painful injury, Claire Hegarty completed the Rhyl 10 mile race at the weekend in aid of GSDR. This is just one of the many planned races Claire will be taking part in this year, the next being the Wrexham Half Marathon on Sunday 8th March. Claire has chosen GSDR as her nominated charity and her Virgin Money Giving page is up and running collecting sponsorship.

Claire is hoping to raise £1000, you can visit her page by clicking [HERE](#) every pound counts! Thank You.



Ray Lambert is pictured receiving a cheque on behalf of GSDR at the Pets at Home Guiseley store for a whopping £489.94.

Thank you to the Support Adoption for Pets scheme for your continued support.

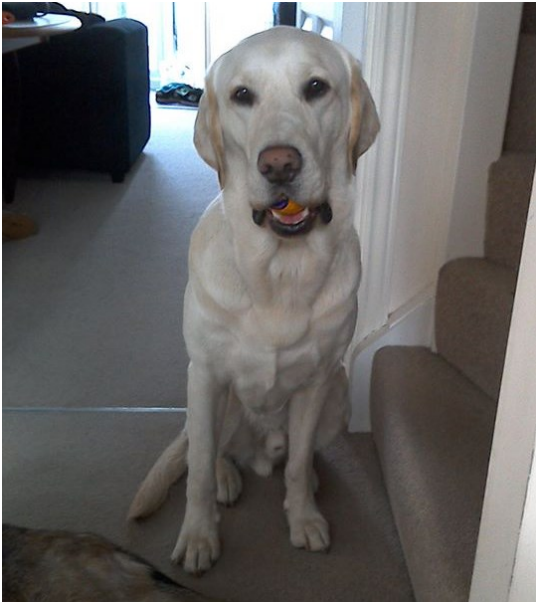


And of course TFB have been out and about as usual raising funds and awareness in Pets at Home stores.

**AUCTION
ENDED**

A magnificent £881.55 was raised in the recent online auction to raise funds for our beautiful Cara who came into our care before Christmas after being hit by a car.

Thank you to everyone who supported her appeal by donating items and to those who placed bids.



Thank you to members of the Yorkshire Walk Group who gathered at Redcar Beach for Barclay's Birthday Bash.



35 dogs attended the celebrations and everyone enjoyed the dog brownies and cupcakes so much that £52 was donated to GSDR.

Barclay and GSDR foster brother Shuffy were worn out with all the excitement and are looking forward to their next group walk.



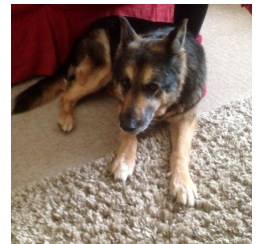
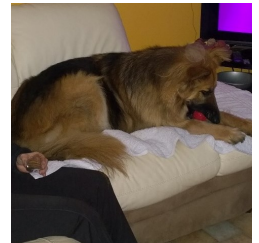
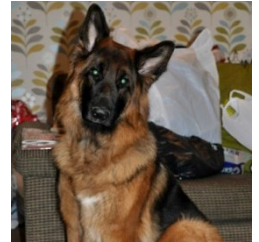
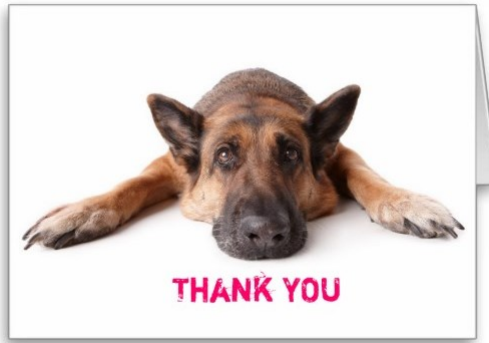
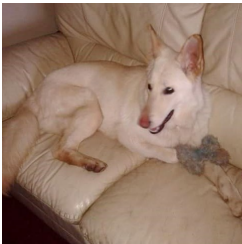
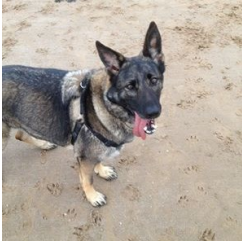
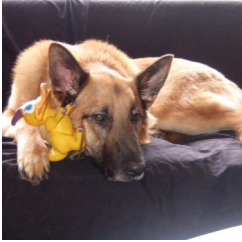
Remember Champ?

Here he is when he first arrived from Romania, a very thin and frightened boy with sores on his fragile body.

Well look at him now! What could've put that smile on his face?



Hearing that his foster mum & dad wanted him to stay forever perhaps? I think so. Dad Simon Rayner says "Champ is such a happy boy, he plays with the others, pushes in for a brush a boy can he run! Thanks go to Corinne Ramsden for funding him across to England and to Maria Tudor for getting him out of the death camp in Romania. Without GSDR he wouldn't have had a hope."



To all our volunteers in Central and North West regions, a **huge big well done** and a massive **thank you** for all your efforts. For being the eyes and ears of GSDR and getting 24 dogs re-homed so far this year into wonderful happy homes.

It isn't easy during the winter months to get that get up and go especially when it's dark, raining, snowing, blowing a gale but all of you have done your bit and helped get these dogs safe.

It is a thankless task sometimes but hopefully knowing the effort is well worth it and so many dogs are settled will make you step into spring and continue with the dedication and love you have for this wonderful breed.

THANK YOU again all your efforts which are sincerely very much appreciated and please keep up the fabulous volunteer work you do – to coin a phrase – it really does make a difference!

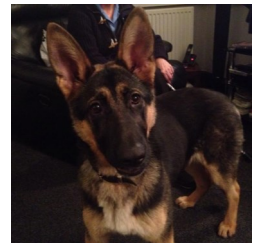
Irene, Mel, Bill and Mary

The last few weeks saw 4 pups in need and every one of them was assessed, transported and re-homed very quickly. Big thanks go to our volunteers who stepped in to help ...



Leigh & Ian for collecting Blackpool Mannie and safely installing him in his new home, what a wonderful lad he has turned out to be. Now re-named Archie and having the time of his life with his new family and his private acre paddock.

Gemma visited and assessed the youngster Lola which was a task in itself as although the dog was urgent to re-home access was proving difficult as we were talking to the original owner and not the lady who had Lola in temporary care. It was complicated to fathom at the time but we got there in the end and the lovely Lola found a great new mum & dad to keep her safe and everything worked out perfectly in the end.



Puppy Max was taken in by one of our volunteers as his owner couldn't get their existing dog to accept the pup – thankfully Wendy kept Max safe until he was adopted. Max is a little live wire literally as he likes to chew on the Sky cable!

Last pup to be kept safe and re homed was Zeus again another volunteer, Julie took this boy in to help the family who were struggling to cope with the puppy behaviour and the children were frightened of Zeus due to his jumping up and nipping. Zeus now called Otis, is happily settled and proving a high energy boy. However he is bringing loads of joy to his new mum & dad.





And finally, our lovely Kai secured a lifetime membership to the Failed Fosters Club for his mum & dad, he stole their hearts and they can't bear to let him go. It's fantastic to hear when the dogs who are kindly fostered actually steal the hearts of their carers and get to stay permanently.

Kye is a lucky boy and found a loving home where he firmly has his paws under the table.

Remember our beautiful Molly who had just spent her second Christmas in kennels after being thrown out of a car?



Well its official, our lovely Molly has been adopted by Caron Clarke

Her new mummy says 'Molly is such a wonderful dog full of love and we are glad to have found her and given her a forever home. She enjoys playing with her ball and is getting better with her walks, gets on with the donkeys and wallabies at the farm but needs to gain a bit more confidence with other dogs we go past.

When choosing a dog please do not overlook those in the kennels and have been so for a while . You could be missing out on a wonderful companion Molly is an example of this'



**I AM
GSDR**

GSDR rescue dogs like me
no matter what
the cost.

WWW.GERMANSHEPHERDRESCUE.CO.UK



Tracy North Area Co-ordinator for the South East is also a therapist and here she shares her knowledge of the benefits of Crystal water.



Did you know that drinking water with clear Quartz crystal will benefit you and your dog?

By placing a crystal in the water will purify the water taking out any nasties that may be in your tap water, and also charge the water with crystal energy promoting a healthy body and healing benefits.

So what does the Quartz crystal do?

Clear Quartz is known as the "master healer" and will amplify energy and thought, as well as the effect of other crystals. It absorbs, stores, releases and regulates energy.

Clear Quartz draws off negative energy of all kinds, neutralising background radiation, including electromagnetic smog or petrochemical emanations. It balances and revitalises the physical, mental, emotional and spiritual planes. Cleanses and enhances the organs and subtle bodies and acts as a deep soul cleanser, connecting the physical dimension with the mind.

Clear Quartz enhances psychic abilities. It aids concentration and unlocks memory. Stimulates the immune system and brings the body into balance.

Clear Quartz (Crystal Quartz, Rock Crystal) harmonises all the chakras and aligns the subtle bodies.

Here is how to make your water better than you have ever had before enjoy and don't forget your dogs.

Crystals in Drinking Water

Directions - Wash, rinse and dry your crystal or crystals thoroughly and place them in a container.

Fill the container with drinking water and let sit for 24 hours. After 24 hours, the energy of the water will be aligned with the crystals.

You can drink up to one cup a day, sometimes more, if needed for specific past life energy. Be sure that the crystals stay in the water container and that they do not go in your drinking cup.

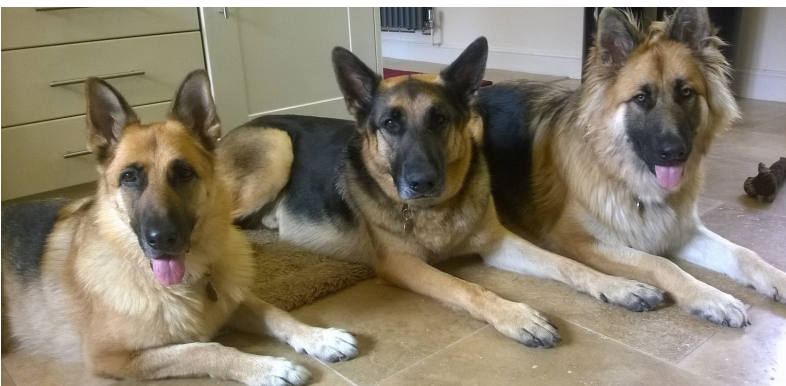
When the water in the container reaches halfway, you can refill the water. This will keep the energy charge of the water at the appropriate level.

Once monthly you will need to wash, rinse and dry all of the crystals and the container, refill the container and let it sit for 24 hours to recharge.

This is a good time to double check the crystals in the water to see if you need to add or remove any crystals based on your new energy level.

A note from the editorial team....

It's two years exactly since we've been writing the newsletter so thought it was about time we introduced ourselves. From the left is Stella Bella, she's the brains of the operation. Next is Frankie, his job is being Mum's baby even though he's the biggest and finally Georgie. As the cute fluffy one, his job is to provide the cuddles.



If you have anything you'd like to have included in the newsletter please send it over.

You can email us at gsdr.newsletter@btinternet.com

ANAL FURUNCULOSIS

I worked in the pharmaceutical industry for nearly 25 years in specialist fields including rheumatology, cardiology, psychiatry, AIDs and transplant immunology. In the late 1990s I worked for Fujisawa and launched Prograf (tacrolimus / FK506) into the Scottish and North East teaching hospital transplant centres. Prograf was a direct competitor to cyclosporine the drug routinely used to treat anal furunculosis.

Over the years, I have seen many cases of anal furunculosis, its horrible and mainstream treatments rarely work long term and you need a mortgage to cover the costs. Although anal furunculosis (AF) can affect other breeds, it is a chronic progressive inflammatory disease that is most commonly seen in middle aged or older German Shepherds. AF affects the area surrounding the anus resulting in ulceration, inflammation and fistulas. AF can be very painful for the dog, especially when passing faeces. There is often a foul odour associated with AF possibly caused by a discharge and matting of fur around the perineum. The skin around the anus is usually red and sore looking which develops into ulceration with the appearance of deep fistulas - it's not nice. There have been a number of theories about possible causes in the German Shepherd, much of which have centred around the wide tail base and distribution of sweat glands. Recently it has been suggested that there are similarities between AF and Crohns' Disease in humans. The disease is almost certainly a result of a faulty immune system, affecting the gut and the perineum leading to ulceration of the local area. It has become evident that anal furunculosis is not usually an isolated condition and these dogs often suffer from chronic skin and gut problems, chronic diarrhoea and many have irritable bowel syndrome. AF is both distressing for dog and owner since most treatments either don't work or only work short term.

The condition can be treated by surgery - cryosurgery, but is more often treated medically with drug regimes. The costs of the drugs used are extortionate and unless the owner has pet insurance, the costs per month will be way beyond what most people could afford. We are talking hundreds of pounds per month. The main drugs used in AF are the immunosuppressive agent Atopica (branded Cyclosporine), Ketoconazole which is an antifungal agent and steroids. Combinations of these are used to reduce the dosage of Atopica which is both toxic and outrageously expensive.

The FDA approved cyclosporine in 1983, with Sandoz launching the drug under the brand name Sandimmune. In 1995 when the patent was about to expire, Sandoz, now called Novartis won FDA approval for a new and improved cyclosporine called Neoral so that they could continue to cash in on their very lucrative market. Generic cyclosporine had become available and was much cheaper but when the use of cyclosporine started to spread into veterinary medicine, the company introduced a new much more expensive branded version called Atopica. Vets are not allowed to use generics if there is a branded veterinary version available. So big pharma could now fleece pet owners whose dogs were suffering terrible problems such as anal furunculosis. Remember - big pharma create customers not cures.

And now for something completely different. A holistic approach should be adopted when treating a dog presenting with anal furunculosis and any associated conditions.

Firstly - don't vaccinate your dog, it will further compromise the immune system and will only worsen the condition. Secondly - don't treat your pet with toxic wormers and deflea-ing agents. If they do get parasites, try natural remedies first such as garlic, diatomaceous earth, apple cider vinegar or Vermex.

Thirdly - diet is a key factor in treating AF and a natural raw food diet should be adopted. Dried kibble is not natural.

Treatments that we have had success with at GSDR include the following. We must stress that it is very important to keep the anal area clean so if your dog has diarrhoea, frequent washing or wiping may be necessary. I know, it's not easy.

Colloidal Silver (CS) is a very powerful natural antibiotic and antifungal agent, it's also non toxic and unlike big pharma antibiotics, resistance is not a problem. Whilst you can buy colloidal silver online, if you are serious about natural remedies for both you, your family and your pets, you should consider buying your own colloidal silver generator. It will cost you less than one months supply of Atopica. Administration can be oral but in the case of anal furunculosis, spraying directly onto the affected area at least 3-4 times daily will be most effective. You should use dark amber glass or plastic spray bottles.

Hydrogen peroxide 3% sprayed directly onto the affected site, has also proved to be very effective indeed. Again you should use dark amber glass or plastic spray bottles. Initially if the anal area is very sore with fistulas, spray every couple of hours. If blood is present, you will notice that it immediately turns white on contact. It might smart a little if the area is very red and sore.

You can alternate colloidal silver and hydrogen peroxide treatments. Try it, you and your pet really have nothing to lose.

MANUKA HONEY—the benefits of Manuka Honey are well documented and it is certainly worth trying. The only problem would be stopping your dog licking the honey off his bottom.

Supplements—Apple Cider Vinegar is an amazing natural remedy for dogs, it also keeps pests at bay and should be added to their drinking water. It must be organic, unpasteurised apple cider vinegar. Add a tablespoon to their drinking water. ACV can also be used topically for skin conditions and ear problems but we will cover that in another edition.

Jayne Shenstone founder German Shepherd Dog Rescue

For more information click [HERE](#)

Living with Celebs by Anne Leigh

Let's be honest: I love my pack but they are hardly status dogs. With one exception they are elderly street dogs, who have come to me from the pound. They are no longer unwanted and unloved but they were once. Nonetheless, by some odd quirk of fate, they are rapidly becoming a gang of media stars!

When my poor broken boy from Romania joined me I introduced him around the village, keen to have him meet kindly people to restore his faith in humanity. I must say that I enjoyed the ironic humour of him being greeted reverentially by little North Norfolk princesses. Their eyes were wide open in wonder and incredulity as they stroked his grizzled face: someone in the village who had seventy likes on Facebook! And then he and another fellow are to be featured in books. They will only be one of many, in each book, but I tell everyone whom I meet. I want them to know how important rescue dogs are, how their suffering and ability to renew themselves is an example to us all.

But now, we even have a real life film star in our midst! Buffy had her film debut recently. I am so proud ... really, I cannot help it. I think I am rather star struck by the whole business. Before I go on too much I have to confess that the film crew are students at a local college and the project was a part of their college curriculum. Mark has always loved GSDs and he has one of his own, that he has rescued. So, when he was able to choose his own subject, he chose dog rescue. He researched the topic quite thoroughly, before applying to any rescue, and was attracted by the no kill policy of GSDR. He sent an email to the home page and his request found its way to me.

There was endless negotiation and to-ing and fro-ing of emails. I needed to learn about his vision and how we could best help him to achieve this. This was not a straightforward process, but nevertheless, the day finally dawned, and he arrived at my house with his cameraman and sound engineer. (Sadly no 'best boy' – I have always been intrigued about this role. Haven't you wondered what one of these is as well?)

Mark's aim was to tell Buffy's story: hers is archetypal. She was owned by a scumbag who sold her to another one in a pub. He did not know his name but that man eventually threw her out onto the streets and did not want her back, once traced. I am seething with rage even now as I write. My poor girl is curled up beside me. She could not be more sweetly amenable and I am outraged that she had to scavenge and hunt the streets to survive. I learned afterwards that her torture was compounded by the fact that she had not been spayed and I was able to deduce from her subsequent behaviour that she must have been hounded by packs of males. But no one knew any of this when she was picked up by the warden.

Eastern region of GSDR works closely with Norfolk Strays who take responsibility for the dogs once they've served their seven days in the pound. They then search for a rescue to take on the dog so that they can find their forever home. When my own beloved last rescue bitch died, I went to pick up Buffy the next day. Poor girl, she stank to high heaven and was in a terrible state. That was just the beginning: I had no idea then what was to come.

Her first problem was her back. She limped, which I put down to arthritis, but very soon I realized that there was more. Sometimes she would lie down in the road and simply writhe on her back, crying, in obvious agony. Luckily we have a chiropractor, who is also a vet nearby, and a couple of visits to him sorted that problem out for her. A more prolonged issue was her system which was clearly upset, according to the poo oracle. Obviously, at first, I thought this was nerves and then change of diet. Her first medication had no lasting effect and then after lab tests she was diagnosed with Campylobacter, a notifiable disease in humans. Poor Buffy, her system could not tolerate her medication and so then she had to have further doses and even more medication to help her tolerate the cure.

And all of this was taking place for her in the middle of her worst nightmare. Even safe in a crate, Buffy became hysterical at the sight of a dog entering the room. This was not a normal kind of fear aggression but sheer hysteria. She had to live for long periods in the crate, completely covered for several weeks, until she acclimatized. She could not be rehomed, as there was nowhere for her, and she was too ill to interrupt treatment. When she then had a season, I was able to deduce what had happened on the streets.

Happily dogs move on. By now, Buffy is comfortable with my four males. Yes, she came to a home that represented her worst nightmare and has coped with this. She is a bit of a 'bossy boots' and imagined herself the pack dominatrix. She was all too soon disabused of this illusion! By now she has come to terms with her place in the order of things and is a happy girl with her boys around her.



And on the day of filming she performed her role to perfection. At that time the household was stressed by the presence of a new foster dog, but they put all this behind them.

I was interviewed to tell Buffy's story and Mark wanted her sitting in front of me, as we spoke. The others all decided to get in on the act as well and formed a huddle of devoted pack members around us. It is not usually like this. Mostly, they stretch out in some private corner of the room asleep or, if they are conscious, they are demanding something from me, giving me 'the eye,' asking if it is time for a meal or a walk.

On this occasion, they played to the camera like a set of 'old pros' in role. It might have been the unusual presence of three men in the house. Maybe they just wanted to be near me for protection. Whose? Ah, now there's the question.

Mark hopes that he can raise awareness, even money or volunteers with his film. He hopes to feature it on social media for us. Perhaps it will go viral or something. I don't know so much. An elderly owner and her dogs are hardly likely to be the subject matter of a new 'Blair Witch'. But it might prompt something.



**COPMANTHORPE
SHEPFEST 2015**
WILL BE HELD ON
SATURDAY 27TH & SUNDAY
28TH JUNE
MORE DETAILS TO FOLLOW!



**I AM
GSDR**





If I had a pound for everytime I've told someone that 'you don't choose the dog, they choose you' then I'd be very rich indeed.

One example of this is Hope.

You might recognise her face, you might remember fighting back the tears as you looked at this sorrowful picture.

Hope's dad Mike Anderson explains how he became the chosen one...

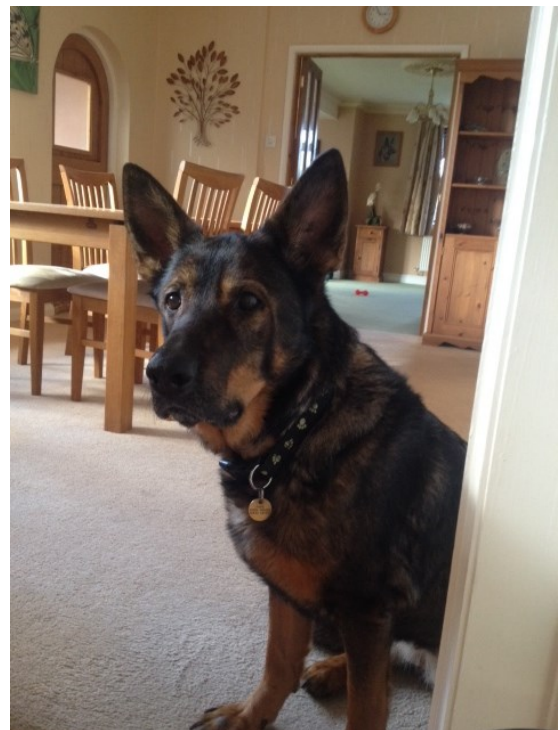
"The adventure started when I went to kennels in Leeds with a view to adopting my third rescued German Shepherd. I was looking for an older dog that had some level of training.

What happened next wasn't what I expected!

I went to see a 5-year-old dog and in the end this gorgeous 15-month-old little girl called Hope picked me by running towards me and nuzzling my hand.

Hope is a very playful and loving dog and loves to play games in the house and garden. She plays well with other dogs and adores my nephews. Every day we have cuddle time, she's incredibly loving and affectionate.

To summarise, I went to the kennels to rescue a dog and, in the end, it was I that was rescued."



Our thoughts are with volunteer Liz Trow whose husband has sadly passed away. Liz very kindly requested that donations should be made to GSDR in her husbands memory.

We're thinking of you Liz, at this very sad time.

How to Contact your Area Co-ordinators

South West

Cornwall / Devon / Somerset / Dorset / Wiltshire & Gloucester

Area Co-ordinator: Jayne Shenstone 01568 797957 info@germanshepherdrescue.co.uk

Dog Co-ordinator: Mandy Jones 07970592220 mandyj22@live.co.uk

South East

Kent / Hertfordshire / Essex / London / Surrey / East & West Sussex / IOW / Hampshire / Berkshire / Buckinghamshire & Oxfordshire

Area Dog Co-ordinator: Tracy North 01189 745387 crystalsheps@gmail.com

Dog Co-ordinator: Nancy Cannell 01702 551213 /0794 9047139 nancy_c@hotmail.co.uk

Enquiries: Nancy Cannell 0794 9047139 gsdrsoutheast@gmail.com

Eastern

Norfolk / Suffolk / Cambridgeshire / Bedfordshire / Northants / Lincolnshire & Leicestershire

Area Co-ordinator: Mandi Wilks 01692 584772 / 07810 568862 mandigsdr@gmail.com

Dog Co-ordinator: Howard Keeling 07917 025461 howardgsdr@gmail.com

Enquiries: Sarah Carrs 01603 270044

Central

Nottinghamshire / Derbys / Staffordshire / Shropshire / Worcestershire / Herefordshire / West Midlands & Warwickshire

Area and Dog Co-ordinator: Irene Culverwell 0161 282 3594 / 07778 150561 iculverwell21@hotmail.com

General enquiries: Bill Kitchen 01524 784953 / Melanie Fairbrother 0161 494 7728

Fundraising Co-ordinator: Andy Peake Razanne99@aol.com

North West

Cheshire / Manchester / Merseyside / Cumbria & Lancashire

Area and Dog Co-ordinator: Irene Culverwell 0161 282 3594 / 07778 150561 iculverwell21@hotmail.com

General enquiries: Bill Kitchen 01524 784953 / Melanie Fairbrother 0161 494 7728

Fundraising Co-ordinator: Andy Peake Razanne99@aol.com

North East

Northumberland / Durham / Yorkshire / Tyneside / Teesside & North Humberside

Area Co-ordinator: Angela Hargreaves 0113 225 5848 muddycat13@sky.com

Dog Co-ordinator: Julie Wilkinson 07736 815430 julie_wilki@o2.co.uk

General Enquiries: Peter Hopkins 01904 784030

Fundraising Co-ordinator: Gillian Marsden Gillian.l.marsden@ntlworld.com

Wales

Area Co-ordinator: Jayne Shenstone 01568 797957 info@germanshepherdrescue.co.uk

Dog Co-ordinator: Mandy Jones 07970592220 mandyj22@live.co.uk

